

Do you struggle with making and keeping friends?
Are you motivated to learn how?



Attend PEERS[®] Social Skills Workshop

A 14-week social skills workshop for
teenagers and young adults with
"invisible differences"*

*Invisible differences are neurobehavioral and emotional disorders such as ADHD, non-verbal learning disabilities, depression, learning disabilities, autism spectrum disorder and anxiety.



Learn to:

- Engage in natural, two-way conversations
- Appropriately use humor
- Handle rejection, teasing, and bullying
- Handle rumors and gossip
- Handle arguments and disagreements
- Choose appropriate friends
- Have a successful get-together with friends

Evidence-based Instruction:

- Small group format (7-10 participants)
- Coaches model behavior
- Opportunities to practice appropriate behaviors
- Homework reinforces lessons
- Concurrent parent sessions

Why PEERS[®]?

It works!!

Developed by Ph.D. researchers at
UCLA and repeatedly proven effective.
Instructors are certified by UCLA.



A Program of Center for Companies That Care

Register Today!

Call: Companies That Care at 312.661.1010

Visit: www.companies-that-care.org/peers-registration

FALL CLASSES START SOON
September 22, 2014
5:30 to 7:00pm
In our West Loop offices